



## Literacy and Nutrition linked by Culture

The Community Nutrition Education Program (CNEP) enhances healthy living curricula implemented in preschool classrooms by providing culturally relevant material. CNEP created local fruit and vegetable flash cards and posters that were added to curriculum kits in response to teacher feedback for culturally relevant and local resources. Leveraging Extension & Outreach partnerships, the University of Guam Press, in partnership with Hafa Adai Printing, donated 8,000 CHamoru children’s books to classrooms island wide. The books are being utilized to supplement the curriculum to facilitate family conversations around food-related traditions, experiences, role-modeling, and family relationships.

The CNEP team distributed books to 352 students and 26 teachers in 17 Guam Head Start Program, five Pre-K Gifted and Talented Education (GATE), and four Pre-K classrooms island-wide, as well as at a hosted workshop for the Family Engagement Conference. Published by UOG Press, the titles of the books include:

- “Si Pedro yan i Hilét Oru na Ko’ko’ (Pedro and the Golden Ko’ko’)” by Lance Osborn
- “Ma Guaiya Yu’, si Nàna yan si Tàta (Grandma and Grandpa Love Me)” by Simone and Dana Bollinger
- “Guaiyayon na Trongkon Mansanita (The Loveable Mansanita Tree)” by Dolores Camacho
- “I Malingu na Pâtgon (The Lost Child)” by Rufina Mendiola



*If you are interested in learning more about this program, reach out to our Extension Professionals below:*

**Rynette D. Perez**  
Assistant Coordinator, Nutrition Education Programs  
SNAP-Ed, EFNEP, PHP Part-Time Nutrition Faculty  
671-735-2020/ perezrc@triton.uog.edu

@uogcnas



1 (671) 735-2080 || 303 University Drive UOG Station, Mangilao, Guam 96923 || [www.uog.edu/extension](http://www.uog.edu/extension)